



Lifeworks Charity Ltd. Reg Charity No. 1054167



VOLUNTEERING OPPORTUNITIES:

Lifeworks is working together with local community partners across South Devon and Torbay to enable our service users to participate, enjoy and contribute to community life;

- To have the opportunity to learn and keep learning
- To be independent; not because they can do everything for themselves, but to have control over their lives
- To feel safe in their community
- To work and volunteer in their community
- To participate in leisure activities that enhance their life skills, their creativity and are great fun
- To develop activities that are local and easy to access
- To manage the many transitions in their lives with appropriate support
- To have a strong voice and lead development
- To have a network of meaningful friendships and relationships
- To be well informed and equipped to make positive informed choices and decisions about their lives
- To be and stay healthy
- To support families to be resilient and enjoy family time together, as well as good quality time apart.

We are seeking volunteers of all ages, abilities and skill sets to help us achieve this vision. To learn more about Lifeworks Community Projects visit: <http://www.lifeworks-uk.org/our-services/community-projects/>

YOUNG VOLUNTEERS PROGRAMME

Lifeworks is keen to involve young volunteers across all of our community projects – you might have a skill you want to share; be a brilliant surfer, DJ or footballer. You might have skills you want to learn; how to enable; plan and participate. Your starting point might be you want to gain work experience and improve your CV – but we hope once you've come on board you'll gain a whole heap more through involvement.

As a Lifeworks Young Volunteer you will have access to community projects training opportunities e.g. First Aid and Communication training; participate in the delivery of extraordinary events e.g. [Breaking the Barrier](#) and the [Lifeworks Young Peoples Summer Ball](#) and inform the development of our programme e.g. [The Young Film Makers](#) commissioned in 2017 by the Arts Council to make a short art film for Channel 4 [Random acts](#)

The Lifeworks Young Volunteers Programme wishes to recruit:

- Young people age 14-25
- Available in the school holidays and/or at weekends
- All abilities welcome

For more information about volunteering with the community projects team please contact Matt Jefferies Email: mattjefferies@lifeworks-uk.org Mobile: 07976948518